

## Registration Form MS/HS Flowstate Clubs

**Parent Info meeting:** Check Parent Square  
**Student Info meeting:** Check Parent Square

**OFFICE ONLY: DATE OF REGISTRATION**

/  /

**TIME**  /

### PERSONAL INFORMATION

Child's Full Name :

Parent Name:

Parent Phone:

Date of Birth :  /  /

Height:

Weight (lb):  Shoe size

I plan to: ski ☐ snowboard ☐

I have my own gear, including helmet and goggles ☐ Yes ☐ no

### THE SERIOUS STUFF

1. I have watched the video "Ride Another Day" posted on our website [www.thisisflowstate.org](http://www.thisisflowstate.org) with my child and discussed the conduct expected on the slope. We both fully understand rewards and consequences.

Parent signature:

Rider signature:

2. I have watched the video "What to Wear" posted on [www.thisisflowstate.org](http://www.thisisflowstate.org) and I understand that my child will be ready with the proper gear.

Parent signature:

Rider signature:

3. I have read the descriptors for each riding level. I am a confident rider at level ( CHOOSE 1-9)

4. I have attached the \$75 fee ☐ No ☐ Yes Circle one: Check, Cash, E-funds, SuccessFund, scholarship.

5. **FOR HIGH SCHOOL ONLY:** I give permission to my child to drive to the mountain on his/her own on one or more of the club organized trips and fully understand that the school is not liable in any form for any accidents.

Parent signature:

Rider signature:



## Need gear this season?

## Are you new to this?

SUNLIGHT SKI AND BIKE SHOP

**GET YOUR SEASON RENTALS**

**\$150 OFFER**

REGULAR PRICE \$199-\$249



**ONLY FOR FLOWSTATE**

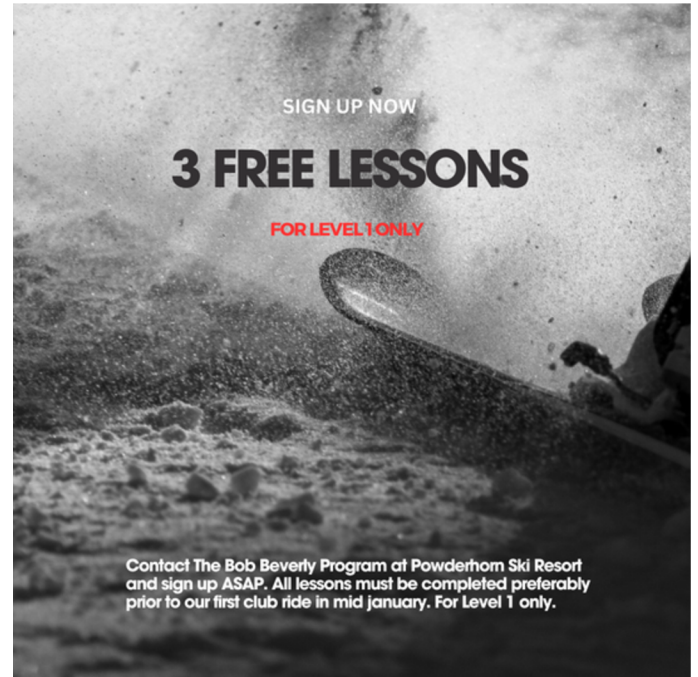
Available at Sunlight Ski & Bike Shop downtown Glenwood Springs. For ski or snowboard season packet. Does not include goggles or clothing. You must be an active member in the Flowstate Ski and Ride Club in Garfield RE-2. While supplies last. Present this offer to the rental team and get your gear ASAP. Supplies do not last long.

**CALL 970-945-9425**

SIGN UP NOW

**3 FREE LESSONS**

FOR LEVEL 1 ONLY



Contact The Bob Beverly Program at Powderhorn Ski Resort and sign up ASAP. All lessons must be completed preferably prior to our first club ride in mid January. For Level 1 only.

+ This is a great option for those who do not yet own their own gear. Download this coupon from Parent Square, sign it, and go to the the Sunlight shop downtown.

++ The Bob Beverly program is not affiliated with our club. We do not offer transportation for this program. **We highly recommend this for all Level 1.**

## What Level Are You As A Skier?

### FIRST TIME SKIER

**Level 1:** "I've never skied."

### GREEN ZONE SKIERS

**Level 2:** "I can slide, slightly change direction, and come to a stop." – Easiest green terrain

**Level 3:** "I can link turns together and stop where I want to on the easiest green terrain. My turns are usually all the same size." – Green terrain

**Level 4:** "I am linking turns together smoothly on all green terrain. I can make narrow and wide turns" – All green and easiest blue terrain

### BLUE ZONE SKIERS

**Level 5:** "I am skiing mostly parallel in a couple different turn sizes and shapes on most blue terrain. I am beginning to use my poles and can hockey stop in both directions." – All green terrain and most blue terrain

**Level 6:** "I am skiing parallel and confidently on all groomed blue terrain. I am exploring un-groomed trails and the easiest bumps. I usually make the same turn sizes and shapes on un-groomed trails." – All groomed blues, easy blue bumps, easy groomed blacks

**Level 7:** "I am able to smoothly link parallel turns together with a pole plant on all blue and black terrain. I am exploring un-groomed black terrain, including bumps. I can connect different turn sizes and shapes seamlessly for the different challenges." – All blue terrain and most black terrain

### BLACK/EXPERT ZONE SKIERS

**Level 8:** "I am making different turns sizes and shapes, including rhythmic short turns and large carved turns, on all blue and black terrain (groomed or un-groomed). I feel comfortable exploring harder blacks and easier double black terrain." – All black and easy double black terrain

**Level 9:** "I can ski the entire mountain and am working on skiing faster, smoother, difficult lines, and learning different strategies in the hardest terrain and snow conditions." – Entire mountain, all conditions

## What Level Are You As A Snowboarder?

### FIRST TIME SNOWBOARDER

**Level 1:** "I've never snowboarded."

### GREEN ZONE SNOWBOARDERS

**Level 2:** "I have experienced sliding, traversing both directions, and stopping." – Easiest green terrain

**Level 3:** "I can control my speed while moving across the hill, and can stop with confidence. I am starting to turn in both directions." – Green terrain

**Level 4:** "I can link skidded turns on green terrain." – All green terrain

### BLUE ZONE SNOWBOARDERS

**Level 5:** "I am confident and can connect different turn sizes and shapes on all green terrain. I make more or less the same size and shape turn on easy blue terrain." – All green terrain and easiest blue terrain

**Level 6:** "I am riding most blue terrain by connecting various turn sizes and shapes. I am also exploring switch riding, easy bumps, and/or freestyle." – All blue terrain

**Level 7:** "I am able to ride all blue terrain in varied conditions and working on easy black terrain, including bumps, trees, and terrain parks." – All blue terrain and groomed black terrain

### BLACK/EXPERT ZONE SNOWBOARDERS

**Level 8:** "I am confident performing dynamic turns on varied terrain and snow conditions, including trees, steeps and powder." – All black and easy double blacks terrain.

**Level 9:** "I am confident riding the entire mountain. I am working on a variety of tactics and techniques that will take me to the next level." – Entire mountain, all conditions.